



February 8, 2012

## Let's Make TMI Accessible to All!

***Our Virginia campuses need some updating to permit people with disabilities to attend***



As we painted and updated the bathrooms during the January down time, we realized that our "handicapped bathroom" left a lot to be desired.

If you're in a wheelchair, showering is quite difficult, if not impossible. The toilet is too low, the mirror too high, the walkway too steep, etc.

Surprisingly, or maybe not, since we took notice of this issue, three people have called to ask if we are handicapped accessible. We had to say, "Not yet."

So following the expertise of beloved participants who navigate the world from their wheelchairs, we have embarked on **Project Full Access!**

This includes updating a bathroom, bedroom and walkway in the Nancy Penn Center and access to the cabin at Roberts Mountain Retreat (RMR).

The budget will come in at around \$9,000. If this is a project that inspires you, please help us out with your tax deductible donation. We just don't have the funds to do it.

A plaque with donors' names will grace the building so these people who wouldn't otherwise be able to attend, can remember those who offered a hand.

[Donate now!](#)

## The Long View

TMI Backstories

The long view is shared by many. Collectively it is The Monroe Institute story. We are fortunate to have books and recordings of Bob Monroe, but there are dozens of backstories, rich in the history of TMI, waiting to be told.

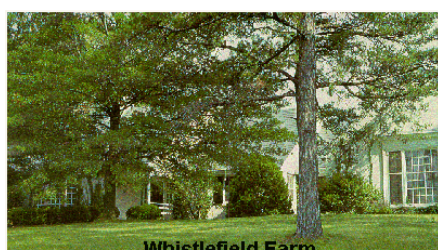
*George Durrette, Steward*



painting by Mike George

**Below are recollections from George Durrette's long view. George likes to remain behind the scenes, anonymous to most of the folks who travel here from across the planet, but his mark is on everything.**

Bob Monroe had his sights set on George. He wanted George to come work for him. It's possible that George Durrette may hold the distinction of keeping Bob on a string longer than anyone else. It was TMI's good fortune that George did eventually acquiesce. After that, neither he nor Bob looked back.



Whistlefield Farm

In 1970 Bob and Nancy Monroe and family lived at Whistlefield, their lovely four hundred acre spread in the Blue Ridge Mountains of Afton, Virginia. Adjoining

Whistlefield was a cattle farm owned by George and Lavern Durrette. Seeing George out working his cows one day, Bob drove over to introduce himself.

Maybe it was the cattle that initially piqued Bob's curiosity, whose fondness for extremely rare beef was a lifelong pattern. On learning that George also worked as a short order cook for Howard Johnson's on Afton Mountain, Bob began eating there, always ordering the same meal -- a raw warmed hamburger with sauteed onions and a glass of milk. If the standard order wasn't served to his liking, Bob would stroll back into the kitchen and insist that George prepare it.



One day Bob stopped by the Durrettes' place and invited George, Lavern, and their young son Bunky, on a tour of the Whistlefield property. At the end of the tour Bob asked George to quit his job at Howard Johnson's and come work for him full time. George was leery. He felt he barely knew Bob and told him so. "George, I've never met a stranger," was the reply. Unconvinced, George put him off.

Some time later Bob again stopped by and asked, "George, do you drink?" George said, no, he didn't drink. "Well, come over and have some tea." They had tea, talked, and got to know each other a little better. Bob again pressed George to work for him. This time George made a counter offer. He agreed to help Bob as a neighbor, no money involved, insuring that Bob would not be in control of George's time. Bob accepted.

[Read on ....](#)

## Have you used S.A.M.?

If you haven't taken the opportunity to experience the newest technology, your time is NOW! Don't miss out on the hype of the new technology. Be among the many who are enjoying this shift into a new era for The Monroe Institute.

[Purchase yours today!](#)



## Ever wonder what happens at The Monroe Institute?

**Join us at an Open House to experience it for yourself!**

Spend a day experiencing what it's like to be a participant. Listen to exercises in our renowned CHEC units (Controlled Holistic Environmental Chambers), learn about the world famous technology and how The Monroe Institute has been transforming lives for over 40 years!

### 2012 Open House Dates:

March 17th  
April 21th  
May 12th  
July 21th  
August 25th

Hours: 10-4  
Lunch & Snacks provided  
Free, but donations accepted.

**Spaces are limited... Call to reserve today!**

**434-361-1500**

### Heartline

#### A special gift to yourself

Heartline came into being as a result of Laurie Monroe's own direct experience of the universal love energy communicated through her from Bob and Nancy Monroe.



*Heartline* offers new approaches for removing the obstacles to love's expression in our daily lives, as well as methods for exploring deeper levels of Self, for discovering one's true self-essence.

This is a highly interactive and experiential process which utilizes a variety of exercises apart from program exercises to help discover heartspace.

A graduate program for those who are serious about looking within, it is about creating "heartspace" - self-love, self-trust, and non-judgmental acceptance. It is about allowing, understanding, and moving beyond feelings into the transcendental.

**February 18-24**

[Register](#)

## Dragon's Nest

Gems from TMI's Archives

### Bob Monroe explains the meaning behind the Gateway Affirmation

TMI's archives are full of treasures, some tucked away and invisible to the casual eye -- hours of priceless video featuring Bob addressing program groups, special meditation exercises, program participants sharing their experiences, guest speakers; photos, audio, and documents from days of yore. Here is this issue's gem:



[I am more than my physical body](#)

No dragons were slain in the recovery of this treasure.

## HUB Highlights

**New on our blog:**

- ["Matrix" style learning cements new skills in brain](#)
- [German Town's Energy Independence Earns Millions](#)
- [2012: Year of Power](#)
- [The Science of Interconnectedness](#)

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A feature of The Monroe Institute

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